

PARKINSON'S DISEASE-RELATED HALLUCINATIONS AND DELUSIONS

If you or the person you care for is living with hallucinations or delusions associated with Parkinson's disease, you're not alone. Around half of the people living with Parkinson's may experience these non-motor symptoms over the course of their disease. Getting help starts with talking to your healthcare provider—and this guide can help.

Complete this checklist and bring it with you to your next appointment.

If you are living with Parkinson's disease, please read the following statements and check all that apply:

- I sometimes feel out of touch with reality.
- Others tell me what I am hearing, seeing, or sensing (e.g. people, animals, or objects) are not actually there (hallucinations).
This happens ____ times per month.
- I have beliefs or fears that a loved one (perhaps a spouse, caregiver, or friend) is stealing from me or being unfaithful (delusions).
- I have shared these experiences with my loved ones.
- These experiences are having an impact on my family or caregiver.

If you are a family member or caregiver of someone living with Parkinson's disease, please read the following statements and check all that apply:

- I have observed my loved one interacting with things, seeing things, or sensing things that are not there (hallucinations).
- My loved one has had false beliefs toward me or others, such as believing someone is stealing from them or being unfaithful (delusions).
- My loved one recognizes that the experiences above are not real.
- These experiences have affected our daily lives and/or our relationship.

Questions for the healthcare provider about these experiences: _____